

<p style="text-align: center;"><b>Western Dance</b> (CLASS - PRE PRIMARY) Total Marks: 100 ( Theory (ORAL): 25, Practical: 75)</p>
<p style="text-align: center;"><b><u>THEORY (ORAL) &amp; PRACTICAL</u></b></p> <ol style="list-style-type: none"> <li>1. Different dance steps and postures any 5</li> <li>2. Perform solo dance(any style) except classical dance</li> <li>3. Exercise for flexibility.</li> </ol>
<p style="text-align: center;"><b>(CLASS - PRIMARY)</b> Total Marks: 100 ( Theory (ORAL): 25, Practical: 75)</p>
<p style="text-align: center;"><b><u>THEORY (ORAL) &amp; PRACTICAL</u></b></p> <ol style="list-style-type: none"> <li>1. Different Dance steps and postures any 8.</li> <li>2. Perform solo dance any two of your choice (Western dance)</li> <li>3. Exercise for flexibility like jumping(any 2 kind of jump),Rolling, Floor exercise any 3.</li> <li>4. Beat knowledge.</li> <li>5. Solo dance performance choice are given below. (a) Bollywood (b) Western dance(your choice)</li> <li>6. Exercise for Flexibility</li> <li>7. Knowledge of Rhythm</li> </ol>
<p style="text-align: center;"><b>1ST YEAR (JUNIOR DIPLOMA )</b> Total Marks – 150 (Theory – 50, Practical – 100)</p>
<p style="text-align: center;"><b><u>THEORY</u></b></p> <ol style="list-style-type: none"> <li>1. A broad discussion on Western dance.</li> <li>2. Knowledge on western dance dresses and attire for both gender?</li> <li>3. Who is the mother of modern dance and give briefly discussion on her?</li> <li>4. What is Contemporary dance/</li> <li>5. Name any 5 choreographer of contemporary dance.</li> </ol> <p style="text-align: center;"><b><u>Practical</u></b></p> <ol style="list-style-type: none"> <li>1. Solo dance performance choice are given below:- (a) Bollywood (b) Contemporary (c) Break dancing or Popping.</li> <li>2. Show the following exercises (a) Tarso side stretch (b) Full Stretching (c) Side Stretching (d) Side wave (e) Front wave (f) Balancing</li> <li>3. Free style combination of steps on a block music</li> <li>4. Body and face expression with music or any kind of songs.</li> </ol>

<p style="text-align: center;"><b>2ND YEAR (SENIOR DIPLOMA PART I)</b> Total Marks – 150 (Theory – 50, Practical – 100)</p>
<p style="text-align: center;"><b><u>THEORY</u></b></p> <ol style="list-style-type: none"> <li>1. Define:- (a) Dance (b) Flexibility (c) Rhythm (d) Expression (e) Choreography</li> <li>2. Broadly discussion about hip hop dance.</li> <li>3. Name any 5 famous hip hop choreographers?</li> <li>4. What is street dancing.</li> <li>5. Shane Sparks, Wade Robson, Nacho Pop (like history Micheal Jackson)</li> <li>6. Definition of lyrical dance.</li> <li>7. 13 famous Hip Hop dancers?</li> </ol> <p style="text-align: center;"><b><u>PRACTICAL</u></b></p> <ol style="list-style-type: none"> <li>1. Introducing Hip Hop dance style.</li> <li>2. Instant choreography on any Western song (judges choice)</li> <li>3. Dance with hand properties?</li> </ol> <p>Floor Exercise:- (a) Plunkn (1 unit) (b) Stretching full (c) 3 mint, Cardio (d) Jumping- (a) side jump, (b) stretching jump Body Flexibility:- 1. Arch 2. Side leg Stretch 3. Front Rolling 4. Back rolling 5. Hand power</p>
<p style="text-align: center;"><b>3RD YEAR (SENIOR DIPLOMA )</b> Total Marks – 150 (Theory – 50, Practical – 100)</p>
<p style="text-align: center;"><b><u>THEORY</u></b></p> <ol style="list-style-type: none"> <li>1. What is salsa dance?</li> <li>2. What did the Salsa dance come from?</li> <li>3. Importance of co dancers?</li> <li>4. What is country Western dance?</li> <li>5. Top 10 Salsa dances (last 10 years)</li> <li>6. Dress sense of Salsa dance both male and female.</li> <li>7. Difference between bachata and salsa.</li> </ol> <p style="text-align: center;"><b><u>Practical</u></b></p> <ol style="list-style-type: none"> <li>1. Perform duet Salsa dance in bollywood song.</li> <li>2. Any 3 lifting and drop (feather landing)</li> <li>3. Basic cha cha and five dance form.</li> <li>4. Properties based dance.</li> <li>5. Steps on a block music with body and expression.</li> </ol> <p>Floor Exercise:-</p> <ol style="list-style-type: none"> <li>1. Last year and 2nd Year Syllabus. 2. Hand Balance 3. Side Stunt</li> </ol>

<p style="text-align: center;"><b>4TH YEAR (VISHARAD PART I)</b> Total Marks – 150 (Theory – 50, Practical – 100)</p>
<p style="text-align: center;"><b><u>THEORY</u></b></p> <ol style="list-style-type: none"> <li>1. What all the techniques of modern dance?</li> <li>2. Who is the founder of contemporary dance . Give a description.</li> <li>3. Where does contemporary dance form?</li> <li>4. Write any 4 contemporary choreography name and their life history.</li> <li>5. Costume idea of contemporary dance for both male and female.</li> <li>6. What is the role of tutu?</li> <li>7. Top 10 contemporary dancers.</li> </ol> <p style="text-align: center;"><b><u>PRACTICAL</u></b></p> <ol style="list-style-type: none"> <li>1. Introducing of contemporary dance on any bollywood song.</li> <li>2. Preparation for group dance composition. How to use space on stage (Any dance style)</li> <li>3. Show 2 contemporary dance technique.</li> </ol> <p>Exercise:- 1. Same as previous syllabus 2. Jumping, Rolling and stretching . 3. Hand balance , side and head slant.</p>
<p style="text-align: center;"><b>5TH YEAR (SANGEET VISHARAD FINAL )</b> Total Marks : 400 (Theory : 200 [100+100], Practical : 200)</p>
<p style="text-align: center;"><b><u>THEORY</u></b></p> <ol style="list-style-type: none"> <li>1. What is line dance?</li> <li>2. Briefly discussion on any western dance style.</li> <li>3. What is b-boy and what b-girl.</li> <li>4. Difference between Western culture dance and Indian culture dance.</li> <li>5. Costume sense of b-boy and b-girl.</li> <li>6. What is ballet dance?</li> <li>7. Any 3 legend dancers like history.</li> </ol> <p style="text-align: center;"><b><u>Practical</u></b></p> <ol style="list-style-type: none"> <li>1. Perform Hip Hop + Contemporary + Salsa dance</li> <li>2. Improvisation of any kind of music or song</li> <li>3. Instant Choreography with Prop (judges choice)</li> <li>4. Theme based dance (nature/current affair)</li> <li>5. B-boying and b-girl style.</li> <li>6. Beat Knowledge. 7. Basic of cramping. 8. Exercise and Body Flexibility:</li> <li>9. All Previous exercise and fl. (a) B-boy and b-Girl stand practical</li> </ol>

<p style="text-align: center;"><b>6TH YEAR (KALARATNA PART I)</b> Total Marks – 150 (Theory – 50, Practical – 100)</p>
<p style="text-align: center;"><b><u>THEORY</u></b></p> <ol style="list-style-type: none"> <li>1. Give short history of ancient modern dance?</li> <li>2. Briefly discussion of 4 style of ballet dance?</li> <li>3. Name any 2 popular dance crew.</li> <li>4. How to make choreography for group.</li> <li>5. Give short briefing about latin rhythm.</li> <li>6. Which is swag.</li> </ol> <p style="text-align: center;"><b><u>PRACTICAL</u></b></p> <ol style="list-style-type: none"> <li>1. Group dance choreography any style and any song.</li> <li>2. Theme based dance (daily life) different way.</li> <li>3. Solo dance style (any dance style in western culture with proper costume and gesture)</li> <li>4. Introducing of ballet dance.</li> <li>5. Any 2 postures of ballet dance.</li> <li>6. Group dance choreography (choice of yours)</li> <li>7. Perform of solo dance with proper make up hair and costume in front of camera.</li> </ol>
<p style="text-align: center;"><b>7TH YEAR (NRITYA KALARATNA )</b> Total Marks – 150 (Theory – 50, Practical – 100)</p>
<p style="text-align: center;"><b><u>THEORY</u></b></p> <ol style="list-style-type: none"> <li>1. 1. What is fusion dance?</li> <li>2. What is choreographer point of view about dance.</li> <li>3. Travelling history of Retro to new generation dance style.</li> <li>4. Name any award winning choreographers and their life history.</li> </ol> <p style="text-align: center;"><b><u>Practical</u></b></p> <ol style="list-style-type: none"> <li>1. Experimental freestyle dance with bollywood gesture.</li> <li>2. Group choreography with aerobatic movements.</li> <li>3. Lifting and drop any 5.</li> <li>4. Project submit:- (a) Choreography of renowned person like history. (b) Submit project file</li> <li>5. Beat with bollywood steps in block movements.</li> <li>6. Fusion dance style.</li> <li>7. Perform Hanging act-(a) Harness (b) Aerial (c) Silk act.</li> <li>8. Project: Thematic dance (choice of own) Proper submit (How you thought the theme)</li> </ol>